

Re: Excaliburs Meet Information
Date: 05/03/2018

DCG Track Club Parents,

PLEASE read this email in its entirety as there is a bunch of essential information and timely responses needed!

We are very excited for our first USATF meet on Saturday, May 12 - **CENTRAL EXCALIBURS TRACK MEET.**

The meet is hosted by Central Iowa Excaliburs Track Club at Waukee Stadium on the Waukee High School campus. This is the first year this meet will be using online registration as well as automated timing systems.

The link to register is: <http://www.CoachO.com>. **Please note the registration fees/timelines below.**

Once you click on this link, access the Online Registration and Calendar, via the link on the right-hand side of the page. On the list of events, scroll down to the event:

May 12 Central Iowa Excaliburs Track Meet (Youth) Waukee High School; Waukee IA

When registering, you will first need to create an account. Once an account is created, you will receive an email with an activation code. From experience, this activation code will likely end up in your junk email so look there if not in your inbox! That activation code will be used on the site to create the profile for an athlete.

You DO NOT need to be a USATF member to compete in this meet. **However, when registering your athlete, you will want to list your affiliation with the DCG Track Club. To do so, enter our club code 40-2023.**

Fees:

\$10.00 athlete fee [until May 9] **

\$15.00 late registration fee [after May 9]

\$5.00 spectator fee; children 5 and under are free

**** This is the first time the meet hosts are offering online registration and automatic timing; hence, the higher participation fee.**

Field events begin at 9:00 AM. Field event calls will not be made and athletes should check in directly at the event. Running events begin at 10:00 AM with girls followed by boys in all events. Walks and other events may be combined pending number of participants. Running event calls will be made over the loud speaker and athletes should report when called.

The meet will follow a rolling schedule such that each running event is started immediately after the previous event is completed. Coaches will not be able to provide an accurate event start time based on the nature of the rolling schedule. Please refer to the meet event order attachment as a guide to the standard USATF event order that will be followed. Keep in mind that officials may cancel an event due to lack of interest or may occasionally combine age groups depending on the number of athletes registered for a running event.

Parents/Athletes are responsible for ensuring the athlete reports for event check-in and should remain attentive for event calls. Athletes that are involved in a field event, but have not completed all their attempts, should report for running events at the time of the running event call. The field event volunteers will work with athletes to ensure they can make remaining attempts following the running event.

Please respond to this email if your athlete wants to run a relay by Monday, May 7 by 10 a.m. This will allow us time to coordinate relays [based on interest/availability]. We will follow-up by Tuesday [May 8] to confirm all relay teams. There are three relay options - 4x800 (for 11/12 and older), 4x100 and 4x400.

The Excalibur Club has indicated relays DO NOT count towards athlete event totals. This means you can enter 3 or 4 events (based on age group) AND compete in a relay.

** Please do not request to be placed on a relay in advance of the meet if you have conflicts that may prevent you from being at the meet at the time the relay is run.

We will be able to access your athlete's information in the Coach O system so NO NEED to email us race choices UNLESS your athlete would like to run a relay.

Also, note that you can update your athlete's race choices in the Coach O system after you register him/her; therefore, if a relay addition impacts his/her preferences, you can make edits to their race events.

When registering, the Coach O site will ask for seeded times for events; please mark NM if you are not sure of times. The DCG Track Club does not have seeded times for our athletes.

Field events will begin at 9 a.m.

Running events will begin at 10 a.m.

Medals will be awarded for 1st, 2nd and 3rd place; ribbons will be given for 4th, 5th and 6th places.

AGE DIVISIONS are determined by BIRTH YEAR (age on December 31, 2018).

Birth Year	Age Division	Age Group	Allowed Events
2010 and later	8U	SA – Sub Bantam	3 events
2009-2008	9-10	A – Bantam	3 events
2007-2006	11-12	B – Midget	3 events
2005-2004	13-14	C – Youth	4 events
2003-2002	15-16	D – Intermediate	4 events
2001-2000	17-18	E – Young Men/Women	4 events

You can click [here](#) for complete USATF competition rules. Youth specific rules begin on page 152.

We realize that many of the athletes who want to participate in this meet will have other activities throughout the day. You can come and go as needed throughout the day and choose to run an event based on your availability. For example, if your child is doing a field event at 9:00 am and does not plan to participate in another event until a relay at the end of the day, you are free to leave and return. Coaches will not be emailing updates on how fast events are moving along so you will be responsible for determining a reasonable amount of time to leave and return to be present for your race.

Meets may extend into late afternoon and early evening depending on participation and other factors. Reminder that parents are responsible for athlete supervision at all times. Parents are responsible for providing alternative supervision for their child provided a parent cannot attend a meet. Coaches are NOT responsible for supervising athletes.

Attached is the meet flyer. Apologies for the lengthy email, but we wanted to provide more information leading into our first USATF meet. Coaches will be present at the meet and will help parents and athletes whenever possible.

Please let us know if you have any questions.

Thanks,
DCG Track Club Coaches