

**CENTRAL EXCALIBURS TRACK MEET
WAUKEE HIGH SCHOOL
SATURDAY, MAY 12, 2018
REGISTRATION BEGINS AT 7:30**

Online Registration at www.CoachO.com

**\$10.00 athlete fee until 5/9/18
\$15.00 late registration fee**

Spectator fee: \$5.00 (kids 5 and under FREE)

Medals: 1st, 2nd, 3rd Ribbons: 4th, 5th 6th

AGE DIVISIONS are determined by your BIRTH YEAR (age on December 31, 2018)

Birth Year	Age Division	Age Group	Allowed Events
2010 and later	8 U	SA – Sub Bantam	3 events
2009-2008	9-10	A – Bantam	3 events
2007-2006	11-12	B – Midget	3 events
2005-2004	13-14	C – Youth	4 events
2003-2002	15-16	D – Intermediate	4 events
2001-2000	17-18	E – Young Men/Women	4 events

FIELD EVENTS BEGIN AT 9:00 AM

HIGH JUMP

Starting Heights:	A (9 & 10)	B (11-12)	C (13-14)
Girls	3'0	3'4	3'8
Boys	3'0	3'6	4'0

Events	Eligible Participants
Long Jump	SA, A, B, C, D
Shot Put	SA, A, B, C, D
Discus	B, C, D
Javelin	SA, A, B, C, D

RUNNING EVENTS BEGIN AT 10:00 AM

Girls followed by boys in all events. Walks and other events may be combined pending # of participants.

Events	Eligible Participants
1500m Walk	SA, A, B
3000m Walk	C
3000m Run	B, C, D
100m (FINAL)	SA, A, B, C, D
200m Hurdles (FINAL)	C
4x800m Relay	B, C, D
400m (FINAL)	SA, A, B, C, D
80m Hurdles	B
100m Hurdles	C
200m (FINAL)	SA, A, B, C, D
800m Run	SA, A, B, C, D
4x100m Relay	SA, A, B, C, D
1500m Run	SA, A, B, C, D
4x400m Relay	SA, A, B, C, D

All competitors should report to the Clerk of Course immediately after your event is called, pay close attention to the progress of the meet as we plan to proceed without delay. Questions should be directed towards Coach Nichols or Denise Nichols.