

SCHEDULE OF MULTI-EVENTS: THURSDAY 6/28/2018

All events will be run in the order listed. If there are changes, there will be a revised schedule at Athlete Check-in. All events will be contested approximately 30 minutes after the preceding event is completed. The 30 minute rest period will include rest, food, measuring steps and warm-up. Be ready. Each Final Event will be contested according to the point totals of all of the preceding events. All possible medal winners must run together.



Athletes competing in both Multi-Event competition and track and field competition will be issued only one race number for both competitions. You will not need a different number for track and field! Replacement bib numbers will cost \$5.00.

Check in begins at 10:00 AM

10:30 AM	HEPTATHLON	15/16 GIRLS Day 1	10-33" 100M Hurdles	High Jump 4'7"	Shot Put 4 kg	200 Meter	
10:40 AM	HEPTATHLON	17/18 WOMEN Day 1	10-33" 100M Hurdles	High Jump 4'9"	Shot Put 4 kg	200 Meter	
11:00 AM	DECATHLON	15/16 BOYS Day 1	100M	Long Jump	Shot Put 12 lbs.	High Jump 5'3"	400M
11:05 AM	DECATHLON	17/18 MEN Day 1	100M	Long Jump	Shot Put 12 lbs.	High Jump 5'7"	400M
1:30 PM	PENTATHLON	13/14 GIRLS FINALS	10-30" 100M Hurdles	Shot Put 6 lbs.	High Jump 4'3"	Long Jump	800M
2:00 PM	PENTATHLON	13/14 BOYS FINALS	10-33" 100M Hurdles	Shot Put 4 kg	High Jump 4'9"	Long Jump	1500M

SCHEDULE OF EVENTS: MULTI-EVENTS AND STEEPLECHASE Friday 6/29/2018



Check in begins at 9:30 AM

10:00 AM	DECATHLON	15/16 Boys Day 2	10-39" 110M Hurdles	Discus 1.6 kg	Pole Vault 10'8"	Javelin 800g	1500M
10:05 AM	DECATHLON	17/18 Men Day 2	10-39" 110M Hurdles	Discus 1.6 kg	Pole Vault 12'6"	Javelin 800g	1500M
10:30 AM	TRIATHLON	9/10 G & B FINALS	Shot Put 6lbs	High Jump 3'1"	400M Boys	200M Girls	
11:00AM	HEPTATHLON	15/16 Girls Day 2	Long Jump	Javelin 600g	800M		
11:05 AM	HEPTATHLON	17/18 Women Day 2	Long Jump	Javelin 600g	800M		
11:00 AM	PENTATHLON	11/12 Girls Finals	8-30" 80M Hurdles	High Jump 3'11"	Shot Put 6 lbs.	Long Jump	800M
11:30 AM	PENTATHLON	11/12 Boys Finals	8-30" 80M Hurdles	High Jump 3'11"	Shot Put 6 lbs.	Long Jump	1500M
NOON	2000M STEEPLECHASE	15/16 & 17/18 GIRLS 30" HURDLES. 15/16 & 17/18 BOYS 36" HURDLES. 18 HURDLE JUMPS.					

SCHEDULE OF EVENTS: TRACK AND FIELD 6/30/2018

NOTE: WE WILL BE ON A ROLLING SCHEDULE – TIMES ARE TENTATIVE.
MEET RESULTS AVAILABLE ON: www.wayzataresults.com



CHECK IN STARTS AT 8:45 AM
SATURDAY TRACK SCHEDULE

9:15 AM	3000M RUN	11/12 G&B	13/14 G&B	15/16 G&B	17/18 Women/Men		
10:15 am	HURDLE PRELIMS If 8 or fewer run as a final	80M Hurdles 11/12 G & B (8 - 30")	100M Hurdles 13/14 G (10 - 30")	100M Hurdles 13/14 B (10-33")	100M Hurdles 15/16 G (10-33")	100M Hurdles 17/18 W (10-33")	110M Hurdles 15/16 B 17/18 M 10-39"
11:30 AM	100M PRELIMS	8 & U G&B	9/10 G&B	11/12 G&B	13/14 G&B	15/16 G&B	17/18 Women/Men
1:30 PM	800M FINALS	8 & U G&B	9/10 G&B	11/12 G&B	13/14 G&B	15/16 G&B	17/18 Women/Men
2:45 PM	200M PRELIMS	8 & U G&B	9/10 G&B	11/12 G&B	13/14 G&B	15/16 G&B	17/18 Women/Men
4:45 PM	4 X 100M RELAY FINALS	8 & U G&B	9/10 G&B	11/12 G&B	13/14 G&B	15/16 G&B	17/18 Women/Men
5:45 PM	4 X 400M RELAY FINALS	9/10 G&B	11/12 G&B	13/14 G&B	15/16 G&B	17/18 Women/Men	

SCHEDULE OF EVENTS: TRACK AND FIELD 6/30/2018



Check-in starts at 9:00 AM
SATURDAY FIELD SCHEDULE

	HIGH JUMP	LONG JUMP	SHOT PUT	DISCUS	JAVELIN		
9:30 AM	11/12 Girls 3'11"	11/12 Girls & Boys	17/18 Women 4 kg Men 12lbs	15/16 Girls 1.0 kg Boys 1.6 kg			
10:45 AM	13/14 Girls 4'3"	13/14 Girls & Boys	15/16 Girls 4 kg Boys 12lbs	17/18 Women 1.0 kg Men 1.6 kg			
12:15 PM	15/16 Girls 4'7"		13 Girls 6lbs Boys 4 kg	11 Girls & Boys 1.0 kg			
1:45 PM	9/10 Girls 3'1"	17/18 Women/Men	14 Girls 6lbs Boys 4 kg	12 Girls/Boys 1.0 kg	Turbo 9/10 Girls/Boys 400 g		
3:00 PM	17/18 Women 4'9"		11 Girls 6lbs Boys 6lbs	13 Girls/Boys 1.0 kg			
3:15 PM		15/16 Girls/Boys	12 Girls 6lbs Boys 6lbs	14 Girls/Boys 1.0 kg	Turbo 8 & Under Girls/Boys 300 g		

SCHEDULE OF EVENTS: TRACK AND FIELD 7/1/2018

NOTE: WE WILL BE ON A ROLLING SCHEDULE – TIMES ARE APPROXIMATE.
MEET RESULTS AVAILABLE ON: www.wayzataresults.com



Check-in starts at 8:00 AM

SUNDAY TRACK SCHEDULE

8:30 AM	1500M Racewalk (Concurrent)	9/10 G&B	11/12 G&B				
8:30 AM	3000M Racewalk (Concurrent)	11/12 G&B Run	13/14 G&B Run/walk	15/16 G&B Run/walk	17/18 Women/Men Run/Walk		
9:00 AM	1500M run	8 & U G&B	9/10 G&B	11/12 G&B	13/14 G&B	15/16 G/B	17/18 Women/Men
10:15 AM	80/100/110 Meter Hurdle Finals	11/12 G&B 8-30" 80m hurdles	13/14 G 10-30" B 10-33" 100m hurdles	15/16 G 10-33" 100m hurdles	17/18 Women 10-33" 100m hurdles	15/16 B 10-39" 110m hurdles	17/18 Men 10-39" 110m hurdles
11:15 AM	100M FINALS	8 & U G&B	9/10 G&B	11/12 G&B	13/14 G&B	15/16 G&B	17/18 Women/Men
12:15 PM	400M FINALS	8 & U G&B	9/10 G&B	11/12 G&B	13/14 G&B	15/16 G&B	17/18 Women/Men
2:45	200M/400M Hurdles	13/14 G&B 5-30" 200m hurdles	15/16 G 10-30" 400m hurdles	17/18 Women 10-30" 400m hurdles		15/16 B 10-36" 400m hurdles	17/18 Men 10-36" 400m hurdles
3:15 PM	200M FINAL	8 & U G&B	9/10 G&B	11/12 G&B	13/14 G&B	15/16 G&B	17/18 Women/Men
4:15 PM	4 X 800M FINALS	11/12 G&B	13/14 G&B	15/16 G&B	17/18 G&B		

SCHEDULE OF EVENTS: TRACK AND FIELD 7/1/2018



Check-in starts at 8:30 AM
SUNDAY FIELD SCHEDULE

	LONG JUMP	TRIPLE JUMP	SHOT PUT	POLE VAULT	JAVELIN	HIGH JUMP	
9:00 AM	8 & under G&B		9 G&B 6lbs	13/14 G 6'5" B 7'5"	11/12 G&B Turbo 400 g	17/18 Men 5'7"	
10:00 AM	9/10 G&B		8 G&B 4lbs	15/16 G 7'3" B 10'8"		15/16 Boys 5'3"	
11:00 AM		15/16 G&B	10 G&B 6lbs	17/18 Women 8'4" Men 12'6"	13/14 Girls 600 g Boys 600 g	13/14 Boys 4'9"	
12:30 PM		13/14 G&B				11/12 Boys 3'11"	
2:00 PM		17/18 Women/Men			15/16 Girls 600 g Boys 800 g 17/18 Women 600 g Men 800 g	9/10 Boys 3'3"	